

# Beachside retreat soothes the soul

## break away

CAROLYN MARTIN

**A** CONSPIRATORIAL message in the guest book reads: "Won't tell anyone about it - keep it to ourselves". Well, I'm very sorry Sonya, but your secret is now out of the bag.

Listen up everyone, one of the most absolutely fabulous places to stay on the South Coast is . . . Beachmour at Duesbury's Beach.

From the moment you step inside the stylish interior and see the pot belly stove burning and smell the freshly baked herb bread and melting moments that have been left out to welcome you, you will begin to relax and feel all is good - in this tiny speck of the world anyway.

Duesbury's Beach is less than a 10-minute drive north of the picturesque seaside town of Narooma. And, as the name suggests, Beachmour is right over the road from the beach. From the balcony you have great views of the coast - all the way to Montague Island. In fact, you can sit in front of the oversized flatscreen TV in the living room on the ground floor and still see all the way to the horizon. It's fabulous.

The owners of Beachmour, Melissa Seymour, a marketing executive, and Martine Beaumont, a psychotherapist, bought the house a year ago with the intention of renovating it and creating a space that would inspire guests to recharge their batteries.

The idea for a five-star, luxury beachhouse was born out of their own desires to find the perfect holiday house that was affordable and catered for young families and pets.

Beachmour opened to guests six months ago. Everything you could wish for has already been thought of at Beachmour - right down to the fluffy towels imported from Italy, the Egyptian cotton bed linen, the wall-mounted flatscreen TVs in two king-size bedrooms, French cotton beach towels, Aveda bathroom products, a chef's kitchen, a library and toy library, even a doggie bed for the beloved family pooch.



### if you go

**Where:** Beachmour, Duesbury's Beach, visit [www.beachmour.com](http://www.beachmour.com)  
**Distance from Canberra:** 2.5 hours' drive.  
**Cost:** Low season: \$395 per night + GST. High season: \$595 per night + GST.  
**Concierge service attracts additional fees.**  
**Pets:** Yes.  
**Children:** Yes. House sleeps eight (two double bedrooms and one bedroom with two double-bunk beds).  
**Television:** Yes.  
**Smoking:** Outside.  
**Things to do:** Walk Narooma boardwalk and look out for soldier crabs on the march; take a boat trip to Montague Island or a fishing tour; sample the many restaurants at Narooma; have breakfast in the sun at Anton's on Dalmeny Drive; play golf; visit the arts village of Tilba.

You can request the concierge to stock the pantry prior to your arrival and/or provide a daily house-keeping service, including deliveries of freshly caught fish or groceries. If you desire a private chef to cook a romantic dinner, family feast or stock a picnic hamper, no problem. And the perfect spot to enjoy a



Top: In front of the outdoor fireplace is a perfect spot for breakfast or a winter feast. Above: On the walk north from Duesbury's Beach and, at right, Beachmour.

feast in winter is in front of the huge, outdoor fireplace which backs on to a lake and wetlands, complete with ducks and swans.

If you feel the need to explore the world outside your prestigious digs, there's an excellent beach walk north from Duesbury's Beach (note of warning - this walk involves plenty of rock clambering) and a short, but spectacular, temperate rainforest walk, called

Cowdroys Creek Rainforest Walk, a short drive away. We saw an array of fungi, mosses and ferns and not one but two notoriously shy lyrebirds.

After a holiday at Duesbury's Beach you really will feel your soul has been soothed.

■ Carolyn Martin was a guest of Beachmour.